

Electrolysis

Up to 15 mins	€24.00
30 mins	€34.00

Nail It

Nailtiques Mini Manicure	€22.00
Nailtiques Deluxe Manicure (inc. heated mittens)	€32.00
Nailtiques Mini Pedicure	€33.00
Nailtiques Deluxe Pedicure (inc. heated booties)	€43.00

(French Polish €3.00 extra)

Callus Peel, Heel & Foot Treatment	€35.00
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(includes file and paint on toes)

Save €15 off Callus Peel treatment when booked with any pedicure

File & French Polish	€17.00
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File & Polish	€14.00
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Nail Trim & File & Strengthener	€10.00
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Occasional Nails	€23.00
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Mani - Q 2 - 3 Polish (as seen on TV3 Celebrity Salon)	
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Mani - Q Polish Colour	€24.00
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Mani - Q Polish French	€28.00
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Sculptured Gel Nails	€49.00
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Refills	€30.00
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Repair/Replace Tip	€5.00
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Gel Nail Removal	from €25.00
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Gel Overlays on Hands or Toes	€33.00
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Buff Off 2 - 3 Week Polish with File & Regular Polish	€17.00
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Professional Make Up

Bridal

Trial Make-Up	€30.00
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Bridal Party Cleanse & Make-Up	€30.00 p.p.
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Call out service available
Phone salon for details 046 - 9558333

Occasional

Day/Night Cleanse & Make-Up	€25.00
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Make-Up Lesson (Full Face)	€33.00
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Exclusive Pamper Packages

Deluxe Bridal Package	€170.00
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Dermalogica Express Facial including a Revitalising Eye Treatment, Nailtiques Mini Manicure with French Polish, Eyebrow Shape, Eyelash Tint, 1/2 Leg Wax, Holiday Bikini Wax, Full Spray Tan & Trial Make-Up

Mini Bridal Package	€80.00
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File & French Polish Hands & Toes, Eyelash Tint, Eyebrow Shape and Tint and Bridal Cleanse and Make Up

Mother to Be	€110.00
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Dermalogica Prescriptive Facial, Deluxe Nailtiques Pedicure with French Polish & Eye Trio

Pre-Holiday Special	€90.00
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Full Leg Wax (inc. Holiday Bikini), Underarm Wax, Eyebrow Shape, Eyelash Tint, File & French Polish on hands & toes

Debs Delight	€60.00
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Full Solglo Spray Tan, Occasional Nails & Make-Up

Party Pamper Session	€58.00
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Upper Body Spray Tan, File & French Polish, Eyebrow Shape & Make-Up

Opening Hours

Monday - Closed
Tuesday & Wednesday 10 am - 6 pm
Thursday & Friday 10 am - 8 pm
Saturday 10 am - 5 pm

GIFT VOUCHERS AVAILABLE

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Body & Soul



Unisex Beauty Salon

Proprietor: Sarah Canny

Main Street, Summerhill, Co. Meath.

Telephone: 046 - 9558333

Finalist



Meath **Style** Awards

BEST BEAUTY SALON

2012

Check out our website for on going special offers

www.bodyandsoulbeauty.ie

Dermologica Facial Treatments

Deluxe Facial €73.00
We begin with a deeply relaxing back massage to reduce stress and release muscle tension. This facial involves a deep cleanse, exfoliation and warming of the skin through gentle steaming to remove any impurities, followed by an aromatherapy face, neck and shoulder massage.

Prescriptive Facial €58.00

This facial is unique and specific to meet each individual clients needs, so whether you want to treat sensitive, dehydrated, dry, acne or oily skin then this facial is a must have. Also includes steaming, extractions and an aromatherapy face, neck and shoulder massage.

Anti-Ageing Multi Vitamin Power Treatment €53.00

This vitamin enriched power facial is ideal for skin conditions affected by premature ageing and sun damage and is designed to noticeably improve skin elasticity, tone and texture while also stimulating collagen and cell repair.

Medicated Clearing Treatment €43.00

This treatment is the ultimate in acne management as it targets current blemishes while helping to prevent future breakouts.

Express Facial €38.00

This treatment achieves the maximum results in the minimum of time. A power cleanse and exfoliation masque, toning and moisturising of the skin for that busy person on the go.

Revitalising Eye Treatment €25.00

(This treatment is ONLY €15 when booked with any of the above facial treatments)

Designed to firm and tone the eye area, this treatment helps to diminish fine lines and dark circles, reduce puffiness and soothe irritated tired eyes.

Vibro Plate

VibroPlate (per session) €5.00
VibroPlate (pay for 2 sessions and get one FREE) €10.00
VibroPlate (pay €50 for a full months use - a saving of €50)

Holistic Therapies

Swedish Body Massage (Full Body) €60.00
(Back, neck and shoulders) €35.00

A deeply relaxing experience as all the toxins, stress and tensions of the body are gently but deeply eased away resulting in a feeling of well-being, peace and vitality.

Indian Head Massage €40.00

This is a deeply relaxing ancient healing treatment which includes massage of the shoulders, upper arms, neck, scalp, ears and energy balancing. It is carried out on a specialised massage chair and can provide relief from stress-related symptoms such as headaches, anxiety and insomnia.

Reflexology 'Touch' Massage €40.00

Reflexology teaches that every part of the body connects to reflex points on the feet therefore through the therapists gentle touch, restoration of balance and harmony are encouraged, bringing about deep relaxation and improved health.

Hopi Ear Candling €45.00

Ear Candling is a safe and simple remedy for relieving pressure and gently removing toxins and excess wax from inside the ears. Specialised long and tapered candles are inserted into the ears and lit, helping to draw out impurities and at the same time vapourised beeswax and herbal essences in the smoke infuse their natural infection-fighting properties in the inner ear and sinuses. This is followed by a pressure point massage of the face and neck. A truly relaxing experience.

Specialising in Semi Permanent Make Up



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The Tanning Zone

Full Body €37.00
1/2 Body €22.00
Chest, arms, face and feet to knee €27.00
Upper chest, arms and face €17.00
Full Legs €15.00

Wax - A - Way

Full Leg (inc. holiday bikini line) €40.00
(inc. regular bikini line) €35.00
Full Leg €30.00
Three Quarter Leg €24.00
Half Leg (inc. holiday bikini line) €33.00
Half Leg (inc. regular bikini line) €29.00
Half Leg €20.00
Bikini Line (holiday) €20.00
Bikini Line (regular) €15.00
Californian/Brazilian/Hollywood from €25.00
Underarm €15.00
Abdomen €12.00
Arms €19.00
Upper Lip €11.00
Chin €11.00
Upper Lip & Chin €15.00
Sides of Face €15.00
Back or Chest €30.00

Eye Opener

(A 24 hour patch test is required prior to all tinting & waxing treatments)

Eyebrow Wax/Shape €11.00
Eyelash Tint €13.00
Eyebrow Tint €10.00
Eye Trio €28.00
(Complete Eyebrow Shape, Brow Tint & Eyelash Tint)
Eyebrow Wax and Brow Tint €20.00
Eyebrow Wax, Brow Tint and Lip Wax €27.00
Eyebrow Wax, Brow Tint, Lip and Chin Wax €32.00
Yumi Lashes €55.00

(7-10 week natural eyelash enhancement as see on Exposé)